



WHITE PLAINS
PUBLIC LIBRARY

CONTACT INFORMATION (Adults & Teens), CALL: 914-422-1480
Nancy Kunz nkunz@whiteplainslibrary.org

100 Martine Avenue, White Plains, NY
914-422-1480 whiteplainslibrary.org

CONTACT INFORMATION (Children), CALL: 914-422-1476
Rosemary Rasmussen rrasmuss@whiteplainslibrary.org

News Release

CALENDAR OF EVENTS – January 2013

FOR ADULTS

Wednesday / 2/ 6:30 PM

Poetry Slam and Open Mic / Our exciting "1st Wednesday" series continues with Open Mic, SLAM competition, and guest poet Benedicto Figueroa. Ben "Broken English" Figueroa has been a member of three New Jersey slam teams and is currently the slammaster and host of Jersey City Slam, which he founded in 2009. For audience members who want to step up to the mike, please register at 6:30 pm and bring two original poems of up to three minutes each. Registration closes promptly at 7 pm, and program starts shortly thereafter. Co-hosted by local poet and slammaster Eric ZORK Alan. Refreshments served and all are welcome! Questions? Contact program librarian Miriam Varian by phone: 422-6980 or e-mail: mvarian@whiteplainslibrary.org. Poetry Slam is a project of the White Plains Library Foundation.

Tuesday / 8/ 6:45 PM

Hadassah Film Festival: *Ahead of Time* / *Ahead of Time* is a documentary film celebrating the remarkable life of Ruth Gruber: journalist, writer, witness and participant in the making of 20th century history. Discussion to follow. This festival is co-sponsored by Westchester Region of Hadassah and the White Plains Public Library. (Rescheduled from 10/30/12.)

Wednesday / 9/ 7:00 PM

How to Quit Smoking for the Very Last Time! / Visiting Nurse Service in Westchester's tobacco cessation workshops are based on the American Lung Association's 5 "A" approach to tobacco cessation. This workshop will cover the following topics: choosing a quit date, tools designed to help you succeed, building a plan to support your quit attempt, how to remain smoke-free forever. Part one of four of our New Year, New You series.

Saturday / 12/ 2:00 PM

Child Care Council Workshops en español (Rutinas Diarias Y El Cuidado) / Rutinas Diarias y el cuidado: El comer, el dormir y el cambiar pañales no son solamente rutinas. El tiempo que pasemos con los infantes y los bebés representan un espacio y tiempo ideal para el aprendizaje y el desarrollo integral de los niños(as).

Workshop presented in Spanish. Daily Routines and Care: eating, sleeping and changing diapers are not just routines. The time spent with infants and babies is a perfect time and space for the learning and development of children.

Wednesday / 16/ 7:00 PM

Have a Good Mental Health Day Everyday: The 24/7 Plan / Scott Trefny from New York-Presbyterian/Westchester Division, will speak about developing a schedule to create a positive mental health day; including sleep, personal needs, and recreation time. Part two of four of our New Year, New You series.

Tuesday / 22/ 7:00 PM

Secrets of Health and Weight Management / Stacey Lynn Jackson, Registered Dietitian of Shop Rite of White Plains, will provide tips on reaching your healthy eating and weight loss goals. Part three of four of our New Year, New You series.

Saturday / 26/ 2:00 PM

Child Care Council Workshops en español (Diferentes Temperamentos) / Diferentes Temperamentos de los Infantes y los Bebés: Todos los niños(as) siguen un patrón de desarrollo, sin embargo cada uno de los niños que cuidamos es un individuo único, es un mundo diferente. Cual es serian las diferencias?

Workshop presented in Spanish. Different Temperaments of Infants and Babies: All children follow a pattern of development; however each of the children we care for is a unique individual, a different world. What will the differences be?

Sunday / 27/ 2:00 PM

Fantasy Visions — Artist Reception / Meet the artist, Diane McCulloch, at a reception to celebrate "Fantasy Visions" an exhibit of paintings in mixed media, which are at once colorful, thought-provoking, and entertaining. "Fantasy Visions" will be on display in the White Plains Library Museum Gallery from January 14, 2013 through February 22, 2013.

Wednesday / 30/ 7:00 PM

Get Out of Credit Card Debt / Learn about options available when you are faced with overwhelming credit card debt. We will explore the pros and cons of working with a non-profit credit counseling agency, payment plans offered by credit card companies and effective strategies for handling debt on your own. We will also delve into balance transfers, retirement loans and home equity options. Part four of four of our New Year, New You series.

FOR TEENS

Monday / 7/ 4:30 PM

Teen Advisory Group / You talk, we listen! Come and give your ideas on what you want to see in the Library from movies to music to books. Help us plan teen events. Pizza and snacks will be served after the meeting.

Saturday / 19/ 2:30 PM

Creativity and Fun Through Hip Hop Elements / For teens. Hip Hop history, rap and production foundation, entrepreneurship, performance confidence. Participants will demonstrate what they learned in a final presentation of their works. *Registration is required.* Refreshments will be served. Further workshops on 2/2, 2/9, 2/16, 2/23.

FOR CHILDREN

Wednesday / 2/ 7:00 PM

Three Kings Day / Día de Reyes / Bilingual storytime for children and their families. Includes craft & a cookie snack.

Sunday / 6/ 2:00 PM

Jenny Murphy of Babies & Grands Music / Music for babies and toddlers with parents or caregivers. Come make music with Jenny Murphy. Lots of participation! Limited space - tickets distributed a half hour before the program.

Thursday / 10/ 4:30 PM

Lego Club / Join the Lego building fun! Children in grades 1 through 6 are invited to design and build their own structures using The Trove's Lego set.

Sunday / 13/ 3:00 PM

Danceworks / Danceworks, the modern dance troupe from Westchester Community College, will teach the basics of modern dance with audience participation. For children and their families.

Monday / 14 / 4:30 PM

My Brother Martin – A Celebration of Dr. Martin Luther King, Jr. / A reading of Christine King Ferris' book *My Brother Martin: A Sister Remembers Growing Up with the Rev. Dr. Martin Luther King, Jr.*, and other activities. For school-age children grades K - 6 and their families.

Tuesday / 15, 22, 29/ 4:30 PM

"Act It Out" / This three-session drama workshop includes theater games and script reading for grades 3-6. A group performance will be held at the end of the last session on January 29th at 5pm. Registration required. Register beginning 1/8/13.

Sunday / 20/ 2:00 PM

Trove @ The Movies: *Brave* / *Brave* is an animated adventure film from Pixar and Disney. Set in Scotland in a rugged and mythical time, *Brave* features Merida, a princess whose interests include archery and horse riding. Merida makes a reckless choice that unleashes unintended peril and forces her to spring into action to set things right. Rated PG (some scary action & rude humor) 1hr. 40 mins.

Thursday / 24/ 4:30 PM

Wii Fun For Kids / Join in the Wii Fun games for kids! The competition takes place on the big screen in The Trove's Galaxy Hall. For boys and girls in grades 1 to 5.

Sunday / 27/ 2:00 PM

Family Storytime: "Celebrate Caldecott Award Winning Picture Books!" / In anticipation of the Caldecott Award to be announced this week, we will celebrate by reading some of the fantastic picture books that have won the award in past years. Join us for an interactive storytime with craft and snack for ages 3+ and families.

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